

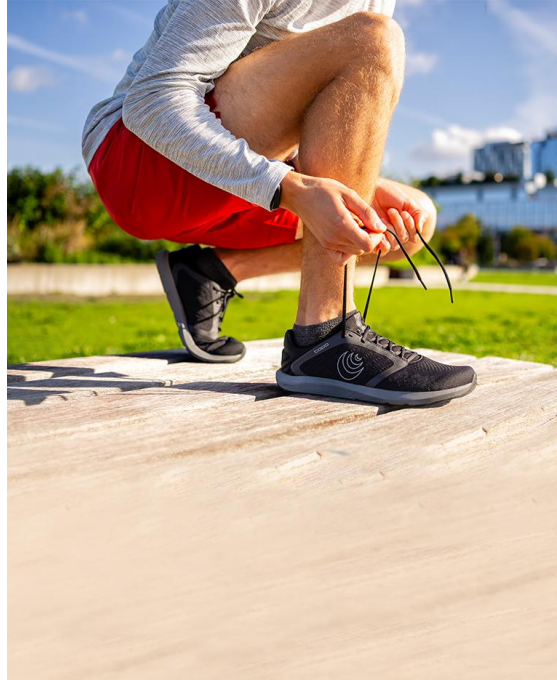
3 Benefits of Topo Athletic's Low and Zero Drop Running Shoes

PURSUIT 2



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In an athletic shoe, the heel to toe drop is the difference in height between the heel and forefoot. Typically, heel to toe drop is measured in millimeters, with low drop shoes having a heel to toe drop of 1 to 5 millimeters and [zero drop shoes](#) having a heel to toe drop of 0 millimeters.



While these measurements might seem small, they can make a huge difference in your running comfort and performance. No brand knows this more than Topo Athletic, which is why they offer a premium selection of low and zero drop running shoes. Here are three benefits to choosing low and zero drop running shoes from Topo Athletic.

Low or Zero Drop Running Shoes Provide Versatility and Enhance Performance

If you're looking for a versatile, lightweight shoe you can wear on your morning road run, your Saturday afternoon trail run, to the gym, or to the grocery store, Topo Athletic has you covered. The brand offers a selection of low and zero drop running shoes designed to support you no matter where your next step takes you.

As opposed to other running shoes, Topo Athletic's shoes encourage a midfoot strike, allowing you to move naturally throughout the gait cycle. These shoes also come with various levels of cushioning and a secure midfoot and heel so you feel supported to reach new personal bests and explore new sights.

Topo Athletic Running Shoes Feature a Roomy Toe Box for Maximum Comfort

Have you ever felt like you had to squeeze your foot into a running shoe and just deal with the discomfort? Leave the “no pain, no gain” mindset in the weight room and experience a shoe designed for your comfort.

Topo Athletic’s [wide toe running shoes](#) have a roomy anatomical toe box so your toes can spread naturally as you walk, jog, or run. This makes their running shoes extremely comfortable to wear and provides better balance and stability with each stride. The more comfortable you are, the longer you can run.

Topo Athletic Shoes Are Designed to Look and Feel Great

What sets Topo Athletic Shoes apart is that they are designed to help you walk, jog, trail run, road run, and hike to the best of your ability while looking stylish. Topo Athletic offers many colors to choose from in their selection of men’s and [womens sneakers with wide toe box](#) styles. You can find women’s and men’s running shoes in classic colors like white, black, and grey and running shoes in vibrant multi-colored designs with intricate accents.

No matter your tastes, Topo Athletic offers running shoes that will surely fit your style, feel great on your feet, and enhance your athletic performance as you stride for more and go beyond the ordinary.

Find your perfect pair of Topo Athletic low or zero drop running shoes at <https://www.topoathletic.com/>

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