3 IMAGE Skincare® Products For Your Gym Bag



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After a challenging gym workout, you probably want to get ready to head back out for the day, especially in the morning. With the right IMAGE Skincare® products, you can help your skin look and feel its best after you hit the gym. From cleaning off sweat with a <u>facial cleanser</u> to using sunscreen, keeping IMAGE Skincare products in your gym bag can help.



A Facial Cleanser

The first step is using an IMAGE Skincare facial cleanser to get rid of the sweat and grime that builds up while you exercise. You have a few options. If you need to quench your skin's thirst, use the VITAL C hydrating facial cleanser. It's soothing and creamy, helping hydrate your skin after a tough workout. If you're prone to breakouts, try the CLEAR CELL salicylic gel cleanser instead. It's more exfoliating, helping to clear out your pores of any sweat or dead skin buildup. Finally, if you're going for a radiant look, try the cream-to-foam ILUMA® intense brightening exfoliating cleanser. It can help give your skin a radiant glow while clearing off your face.

VITAL C hydrating anti aging serum

Keeping a travel-sized serum in your gym bag means you can still get the benefits of an IMAGE Skincare serum even when you aren't at home. In this case, it's easy to use a serum after a good workout session. The VITAL C hydrating anti aging serum is ideal after using a cleanser, as it will work more effectively to hydrate your skin. Vitamin C, along with hyaluronic acid, attracts and locks in moisture in your skin. This naturally plumps your skin, helping fade away fine lines and wrinkles. The witamin C facial serum will also help brighten your skin, fighting dullness while also reducing signs of environmental damage. It can also help with dark spots and discoloration, or even skin tone.

PREVENTION+® clear solar gel

One of the most important steps in any skincare routine, whether you're at the gym, on vacation, or just at home, is using sunscreen. PREVENTION+® clear solar gel is a <u>clear sunscreen</u> that will help protect your skin from the damaging effects of the sun's UV rays. The leading cause of environmental damage to your skin, UVA and UVB rays can cause signs of premature aging, like fine lines and wrinkles, while also giving you a sunburn, which can increase your chances of cancer. Formulated with vitamins C and E, green team, and fermented squalane, this lightweight, transparent sunscreen also helps moisturize and smooth your skin, defending against dryness just as much as from the sun's rays, especially if your cardio routine involves a treadmill by the windows.

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