

3 Reasons an In-Shape Family Fitness Membership Is a Great Graduation Gift



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Have any recent grads in your life? From high school to vocational college to university, fresh graduates are stepping out of school with their hard-earned diplomas in hand. What better way to celebrate this monumental accomplishment than with a membership to In-Shape Family Fitness?



There are a lot of great graduation gifts out there, but a membership to In-Shape Family Fitness is the kind of gift that can keep on giving. With [gyms in Turlock](#), throughout the Sacramento area, Bakersfield, and more, you can get them a membership to the location (or locations!) closest to them. Here's what makes an In-Shape Family Fitness membership an ideal graduation gift.

Your Grad Can Relax in the Spa or the Pool

After a long final semester—not to mention years in school—it's time to relax, at least for the moment. In-Shape Family Fitness has all kinds of relaxation possibilities. Maybe your grad could use some time in the hot tub. It's a chance for them to sink into delightfully warm water to soothe the tension that can come with wrapping up the semester. They could also take a refreshing swim in one of the pools available at In-Shape Family Fitness locations.

Along with the hot tub and pool, your grad can enjoy the steam room, massage chairs, hydromassage, and more. An In-Shape Family Fitness membership allows them to choose how they want to relax and melt away the semester.

It's a Way to Stay Busy During the Summer

With the final semester over, your grad may be in a transition period. They may want to take a short break before jumping onto the next big thing, whether they're going from high school to

college or college to a new job. An In-Shape Family Fitness membership can help your grad stay busy before they start that next chapter.

Membership can mean they can work out daily or weekly—or whenever they want. For instance, they can hit the [gyms Antioch](#) relies on for a good workout, try some studio fitness classes, play basketball, or relax all summer long.

They Can Build Healthy, Lifelong Habits

You can build healthy, lifelong habits when you have access to high-quality [El Dorado Hills gyms](#) or any of In-Shape Family Fitness's gyms around the state. Through a membership, you can gift this to your grad. While they have to take the first step to go to the gym, you can give that first little push.

Some memberships even include a complimentary daily guest pass (this can consist of memberships with the Preferred Package and open to those 18+). This way, they can take a friend along to the gym. Working out or just lounging by the pool can be much more fun when a friend is around. And when going to the gym is more fun, building those healthy habits is easier!

Gift your grad an In-Shape Family Fitness membership at <https://www.inshape.com/>

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