



All Department

- GENERAL PODIATRY
- INGROWN TOENAIL SURGERY
- CHILDREN'S PODIATRY
- SPORTS PODIATRY
- ORTHOTIC THERAPY
- FUNCTIONAL /BIOMECHANICAL ASSESSMENTS
- STRENGTH AND CONDITIONING
- HEEL PAIN
- DRY NEEDLING THERAPY**
- SHOCKWAVE THERAPY
- DIABETIC FOOT CARE

Quick Contact

 info@thefootmovement.com.au

 0413172014



DRY NEEDLING

We offer Dry Needling as an adjunct therapy used by our Podiatrist for pain and movement issues associated with myofascial trigger points. Dry needling is available in our Carlingford, Northmead and Concord locations. We are local podiatrists in Carlingford, Northmead and Concord that also offer this service if suitable to your treatment plan and is available to the local community of the surrounding suburbs of **Winston Hills, Baulkham Hills, Constitution Hill, Glenhaven, Dural, Castle Hill, North Parramatta, North Rocks, Telopia, West Pennant Hills, Beecroft, Toongabbie, Old Toongabbie, West Pennant Hills, Wentworthville, Westmead and Cherrybrook.**

At The Foot Movement Podiatry Clinic, we are pleased to offer our effective dry needling service as part of our comprehensive treatment options. Our skilled podiatrists in Northmead, Carlingford and Concord utilize this technique to provide relief for various foot conditions, including heel pain and plantar fasciitis.

Heel pain can significantly impact your daily activities and overall quality of life. That's why our dedicated team specializes in heel pain treatment in Northmead. Dry needling is a technique used in adjunct to a specialized treatment plan for you. This technique involves the insertion of a thin, sterile needle into specific trigger points in the affected muscles. These trigger points are often associated with muscle knots or areas of tension that contribute to heel pain and plantar fasciitis.

Our podiatrists can effectively target and release these trigger points, promoting muscle relaxation. This technique helps improve blood flow, reduce inflammation, and enhance the natural healing process of the body. It is an evidence-based treatment that can complement other therapeutic interventions, such as stretching exercises, orthotics, and physical therapy.

Our podiatrists in Northmead, Carlingford and Concord have extensive experience in providing heel pain and plantar fasciitis treatment. They will conduct a thorough assessment to determine the underlying cause of your pain and tailor the dry needling sessions to your specific needs. The procedure itself is generally well-tolerated and can provide immediate relief in some cases. However, the number of sessions required may vary depending on the severity and duration of your condition.

If you're seeking effective heel pain and plantar fasciitis treatment in Northmead, Carlingford and Concord, The Foot Movement Podiatry Clinic is here to help. Our experienced podiatrists will guide you through the entire process, ensuring your comfort and safety. Don't let heel pain limit your daily activities any longer. Experience the benefits of dry needling and regain your foot health.

Locations

Conveniently situated close to Constitution Hill, our Northmead, Carlingford and Concord clinics offer ample accessible parking, ensuring a hassle free experience for our valued patients. You can easily reach us at the following two locations:

Northmead Location:
[Click here to book](#)

Concord Location
[Click here to book](#)

Carlingford Location
[Click here to book](#)

At The Foot Movement Podiatry Clinic, we believe in providing care for patients of ALL AGES. Whether you're a child, adult, or senior, our Podiatrist has the expertise and knowledge to address your specific foot and lower limb concerns. We understand the unique needs of different age groups and tailor our treatments accordingly, ensuring optimal outcomes for every patient.

Make a Booking Today

Booking an appointment with us is quick and easy. Simply visit our online booking portal and register to make a booking by clicking **BOOK NOW** and utilize our convenient online booking system. Alternatively, you can contact us on:

0413172014

To schedule an appointment or learn more about our dry needling service, visit our website at www.thefootmovement.com.au or contact our clinic directly on **0413172014**. Take the first step towards relieving your heel pain and improving your quality of life. Trust The Foot Movement Podiatry Clinic for comprehensive and effective foot care in Northmead.

Book an Assessment now with one of our Podiatrists!

[Northmead](#)

[Concord](#)

[Carlingford](#)

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- BAULKHAM HILLS
- CONSTITUTION HILL
- GLENHAVEN
- DURAL
- CASTLE HILL
- NORTH ROCKS
- TELOPIA
- NORTHMEAD
- DUNDAS VALLEY
- EPPING
- HORNSBY
- MACQUARIE PARK
- CONCORD

Surrounding Suburbs

- BEECROFT
- OLD TOONGABBIE
- TOONGABBIE
- EASTWOOD
- WEST PENNANT HILLS
- WENTWORTHVILLE
- WESTMEAD
- CHERRYBROOK
- NORTH RYDE
- PYMBLE
- THORNLEIGH
- WAHROONGA
- BURWOOD
- CONCORD WEST

The Foot Movement Podiatry offers quality podiatry care to the locals of Northmead and Carlingford communities.

Head Office

Northmead :
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Carlingford:
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2118

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