


All Department

- GENERAL PODIATRY
- INGROWN TOENAIL SURGERY**
- CHILDREN'S PODIATRY
- SPORTS PODIATRY
- ORTHOTIC THERAPY
- FUNCTIONAL / BIOMECHANICAL ASSESSMENTS
- STRENGTH AND CONDITIONING
- HEEL PAIN
- DRY NEEDLING THERAPY
- SHOCKWAVE THERAPY
- DIABETIC FOOT CARE

Quick Contact

 info@thefootmovement.com.au

 0413172014






PARTIAL NAIL AVULSION WITH PHENOLISATION OR CONSERVATIVE INGROWN TOENAIL MANAGEMENT

The Foot Movement Podiatry offers quality podiatry care for ingrown toenails in our three locations of Northmead, Carlingford and Concord as well as the surrounding suburbs of Winston Hills, Baulkham Hills, Constitution Hill, Glenhaven, Dural, Castle Hill, North Parramatta, North Rocks, Telopia, West Pennant Hills, Beecroft, Toongabbie, Old Toongabbie, West Pennant Hills, Wentworthville, Westmead and Cherrybrook.

At The Foot Movement Podiatry, we specialize in offering exceptional ingrown toenail treatments to our local community of Northmead, Carlingford and Concord. We aim to ease and alleviate your pain from discomfort, allowing you to step forward with confidence. With our experienced Podiatrist, we can offer you the care you deserve.

Ingrown toenails can be painful and can impact your daily activities. The most common causes of ingrown toenails are:




-  Improper nail trimming
-  Tight Footwear
-  Genetic Predisposition



Ingrown toenails occur when the nail becomes embedded within the surrounding skin of the sulci, leading to inflammation, potential infection and in most times, extreme discomfort.

At The Foot Movement Podiatry, we are local Podiatrists in Northmead, Carlingford and Concord that understand the complexities of ingrown toenails and are dedicated to providing you with effective and long – lasting solutions. We will assess the severity of your ingrown toenail to develop a suitable and effective treatment plan to address your specific needs.

What to expect in your treatment?

-  A thorough medical examination and assessment of the severity of the ingrown toenail.
-  An effective treatment plan such as non – invasive conservative management, where our practitioner will carefully trim the affected nail, ensuring proper alignment and reducing pressure on the surrounding skin. Depending on severity or pain tolerance, a local anesthetic will be applied for an additional fee to the consultation.
-  For chronic recurring ingrown toenails or infections, our Podiatrist may suggest a Partial Nail Avulsion with Phenolisation that has shown to be an effective treatment modality long – term to prevent reoccurrence with a success rate of 98%.



Locations

Conveniently situated close to Constitution Hill, our Northmead, Carlingford and Concord clinics offer ample accessible parking, ensuring a hassle free experience for our valued patients. You can easily reach us at the following two locations:

Northmead Location:
[Click here to book](#)

Concord Location:
[Click here to book](#)

Carlingford Location:
[Click here to book](#)

At The Foot Movement Podiatry Clinic, we believe in providing care for patients of ALL AGES. Whether you're a child, adult, or senior, our Podiatrist has the expertise and knowledge to address your specific foot and lower limb concerns. We understand the unique needs of different age groups and tailor our treatments accordingly, ensuring optimal outcomes for every patient.

Make a Booking Today

Don't let ingrown toenails prevent you from enjoying life. To have your ingrown nail resolved as soon as possible, make an appointment TODAY in our Northmead Podiatry, Carlingford Podiatry or Concord Podiatry locations via our **BOOKINGS ONLINE** . Alternatively, call **0413 172 014** to schedule or leave a voicemail message for a booking enquiry.

Book an Assessment now with one of our Podiatrists!

Northmead

Concord

Carlingford

Quick Links

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- JOIN OUR TEAM

The Foot Movement Podiatry offers quality podiatry care to the locals of Northmead and Carlingford communities.

Head Office

Northmead :
Shop 12-16/2-6 Campbell Street,
Northmead NSW 2152

Carlingford:
160 Bettington Road, Carlingford NSW
2118

Concord West:
17 Victoria Avenue, Concord West 2138

Ph: 0413172014



Surrounding Suburbs

- WINSTON HILLS
- BAULKHAM HILLS
- CONSTITUTION HILL
- GLENHAVEN
- DURAL
- CASTLE HILL
- NORTH ROCKS
- TELOPIA
- NORTHMEAD
- DUNDAS VALLEY
- EPPING
- HORNSBY
- MACQUARIE PARK
- CONCORD

Surrounding Suburbs

- BEECROFT
- OLD TOONGABBIE
- TOONGABBIE
- EASTWOOD
- WEST PENNANT HILLS
- WENTWORTHVILLE
- WESTMEAD
- CHERRYBROOK
- NORTH RYDE
- PYMBLE
- THORNLEIGH
- WAHROONGA
- BURWOOD
- CONCORD WEST