


**All Department**

- GENERAL PODIATRY
- INGROWN TOENAIL SURGERY
- CHILDREN'S PODIATRY
- SPORTS PODIATRY**
- ORTHOTIC THERAPY
- FUNCTIONAL /BIOMECHANICAL ASSESSMENTS
- STRENGTH AND CONDITIONING
- HEEL PAIN
- DRY NEEDLING THERAPY
- SHOCKWAVE THERAPY
- DIABETIC FOOT CARE

**Quick Contact**

 info@thefootmovement.com.au

 0413172014



**SPORTS PODIATRY**

Our General and Sports Podiatrists at The Foot Movement Podiatry offers quality lower limb, foot and ankle care services in our three locations of Northmead, Carlingford and Concord as well as the local community of the surrounding suburbs of Winston Hills, Baulkham Hills, Constitution Hill, Glenhaven, Dural, Castle Hill, North Parramatta, North Rocks, Telopia, West Pennant Hills, Beecroft, Toongabbie, Old Toongabbie, West Pennant Hills, Wentworthville, Westmead and Cherrybrook.

Whether you are an Athlete, Weekend Warrior, training for a marathon or looking into getting fit to reach your own goals, we have you covered!

Our General and Sports Podiatrist in Carlingford, Northmead and Concord are here to help treat any Acute or Chronic foot and ankle complaints that you may encounter as a result of any sport you participate in. We focus on strength and conditioning, load management, as well as keeping your feet functional along the way to full rehabilitation.

Our Podiatry Clinics in Northmead, Carlingford and Concord offer Sports Podiatry services with the latest technology to help you get better to go back to doing and enjoying what you love. Our technology includes computerized 3D technology for manufacturing of custom orthotics, shockwave therapy for chronic tendinopathies (such as plantar fasciitis, achilles tendinopathies and shin splints, otherwise known as medial tibial stress syndrome). We also offer dry needling, deep tissue massage and foot mobilization techniques.

Our Sports Podiatrist commonly treats patients with pain or concerns in their feet, ankles, shins or knees. Most common conditions are as follows:

- Plantar fasciitis
- Bunions
- Morton's Neuroma
- Stress Fractures
- Shin Splints (Medial Tibial Stress Syndrome)
- Patello-femoral pain
- Inter metatarsal bursitis
- Severs (calcaneal apophysitis)
- Anterior talofibular ligament injury
- Plantar plate tears



Most of these injuries are as a result of imbalance of the musculoskeletal system of the foot and lower limb, which can lead to overuse and symptomatic pathology.

**Locations**

Conveniently situated close to Constitution Hill, our Northmead, Carlingford and Concord clinics offer ample accessible parking, ensuring a hassle free experience for our valued patients. You can easily reach us at the following two locations:

**Northmead Location:**  
[Click here to book](#)

**Concord Location**  
[Click here to book](#)

**Carlingford Location**  
[Click here to book](#)

At The Foot Movement Podiatry Clinic, we believe in providing care for patients of ALL AGES. Whether you're a child, adult, or senior, our Podiatrist has the expertise and knowledge to address your specific foot and lower limb concerns. We understand the unique needs of different age groups and tailor our treatments accordingly, ensuring optimal outcomes for every patient.

**Make a Booking Today**

Booking an appointment with us is quick and easy. Simply visit our online booking portal and register to make a booking by clicking **BOOK NOW** and utilize our convenient online booking system. Alternatively, you can contact us on:

**0413172014**

At The Foot Movement Podiatry, we are committed to providing exceptional podiatry services to the residents of Constitution Hill and beyond. Whether you require general podiatry services or specialized treatments from foot and ankle pain, our Podiatrist is here to assist you! Experience the difference of quality foot care by booking online or contacting us today!

**Book an Assessment now with one of our Podiatrists!**

[Northmead](#)

[Concord](#)

[Carlingford](#)

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The Foot Movement Podiatry offers quality podiatry care to the locals of Northmead and Carlingford communities.

**Head Office**

**Northmead :**  
Shop 12-16/2-6 Campbell Street,  
Northmead NSW 2152

**Carlingford:**  
160 Bettington Road, Carlingford NSW  
2118

**Concord West:**  
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