

Ketamine And Why It's Not Prescribed to Everyone!

Mental health issues and chronic pain are unfortunately common in this fast-paced and stressful world. According to the World Health Organization, over 300 million people worldwide suffer from depression, and it is the leading cause of disability globally. It is why people are turning to medication for relief.



One such medication that has gained attention in recent years is ketamine. It is a powerful medication used for years in a medical setting. Despite its potential benefits, doctors do not generally prescribe ketamine until it is the last resort. Here are some of the reasons why doctors hesitate to prescribe [ketamine Tallahassee](#).

Allergic Reactions:

Like any other medication, ketamine can also cause allergic reactions in some individuals. If you're allergic to ketamine, you might experience skin rashes and severe anaphylaxis, which can be life-threatening. That is why people recommend taking it only if prescribed by professionals. Hence, doctors are cautious when prescribing ketamine and may not recommend it to patients with a history of allergies or anaphylaxis.

Uncontrolled Hypertension:

Ketamine alters the levels of certain neurotransmitters in the brain, specifically glutamate and GABA. Therefore, individuals with uncontrolled hypertension are at risk of experiencing a spike in blood pressure if they take [ketamine near me](#). It could be dangerous as it can cause a heart attack or stroke if you have hypertension. As a result, doctors are reluctant to prescribe ketamine to patients with high blood pressure that is not well-managed.

Contraindications with Alcohol:

Ketamine metabolizes in the liver, and excessive alcohol consumption can increase the risk of side effects. Alcohol can also worsen depression and anxiety symptoms, making it counterproductive to take ketamine for these conditions. Hence, doctors may advise against using ketamine if a patient has a history of alcohol abuse or is currently consuming alcohol.

Pregnancy:

Pregnancy is a sensitive period, and doctors are extra cautious when prescribing any medication to pregnant women. Although ketamine has been used safely during labor and delivery, there is limited research on its effects on the baby during pregnancy. Therefore, doctors may avoid prescribing ketamine to pregnant women unless necessary.

About Wellness Medical Clinic:

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