



**Queen Thai Massage  
Health Care Centre**



# Osteopathy Treatment in Scarborough

[www.queenthaimassage.com](http://www.queenthaimassage.com)





# **Queen Thai Massage Health Care Centre**

**Osteopathy treatment Scarborough at Lawrence in Queen Thai Massage Health Care Center aims to improve the overall health of our clients. We take the drug and surgery-free approach to Osteopathy that involves massaging and stretching the targeted body parts, especially the muscles, joints, and the spinal cord.**

**Osteopathy has gained recognition around the world as a verified stream of medical practice. It works on the principle that strengthening a person's muscles, ligaments, connective tissues, and bones ensures their physical well-being. With our Osteopathy Treatment in Lawrence, we relieve muscle tension and improve joint mobility. Also, Osteopathy is known to aid in pain relief and healing the body by increasing the supply of blood to the tissues. Osteopathy has proven effective in addressing several conditions, like lower back pain, shoulder pain, neck pain, arthritis, and injuries caused by sports.**



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## **How Osteopathy Can Help:**

- \* Lowback, thoracic and neck pain.**
- \* Frozen shoulder, rotator cuff injuries, knee pain and repetitive strain injuries (tendonitis).**
- \* Carpal tunnel syndrom, sciatica, plantar fasciitis**
- \* Postural imbalances, scoliosis and gait issues.**
- \* TMJ problems.**
- \* Degenerative disc disease and disc herniation, whiplash.**
- \* Sports injuries and post surgical procedures.**
- \* Edema and lack of drainage.**
- \* Arthritis and chronic pain.**
- \* Fibromyalgia.**
- \* Headaches and migraines.**
- \* Anxiety and depression**
- \* Pregnancy (pre and postpartum).**
- \* Aging, osteoarthritis, osteoporosis.**
- \* Autoimmune diseases (rheumatoid arthritis, ankylosing spondylitis, multiple sclerosis, Parkinson's disease, etc.**
- \* Heartburn/acid reflux.**
- \* Digestion issues (constipation, Crohn's, Diverticulitis.)**
- \* Bowel and bladder dysfunctions.**



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**THANK  
YOU!**

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