

**All Department**

- GENERAL PODIATRY
- INGROWN TOENAIL SURGERY
- CHILDREN'S PODIATRY
- SPORTS PODIATRY
- ORTHOTIC THERAPY**
- FUNCTIONAL /BIOMECHANICAL ASSESSMENTS
- STRENGTH AND CONDITIONING
- HEEL PAIN
- DRY NEEDLING THERAPY
- SHOCKWAVE THERAPY
- DIABETIC FOOT CARE

**Quick Contact**

 info@thefootmovement.com.au

 0413172014

## ORTHOTIC THERAPY

Our Sports Podiatrist in Carlingford, Northmead and Concord offers high quality custom orthotics that are manufactured with the latest 3D computerized technology. This service is offered if suitable to your treatment plan. Custom Orthotic Therapy and Sports Podiatry services are available to the local community of the surrounding suburbs of Winston Hills, Baukham Hills, Constitution Hill, Glenhaven, Dural, Castle Hill, North Parramatta, North Rocks, Telopia, West Pennant Hills, Beecroft, Toongabbie, Old Toongabbie, West Pennant Hills, Wentworthville, Westmead and Cherrybrook.

At The Foot Movement Podiatry Carlingford, Northmead and Concord, our Sports Podiatrists provide individualized support and alignment of the feet by use of custom foot orthotics. These orthotics are tailor – made to address specific foot conditions, improve biomechanics and alleviate pain or discomfort.

### What is the Process of Designing Custom Foot Orthotics?

Our Sports Podiatrist will begin with a thorough examination and assessment. During the initial consultation, an evaluation of your foot posture, biomechanics and any existing foot conditions of concerns will be conducted/discussed. This process may involve analyzing your gait, conducting physical examinations and reviewing medical history.

Based on the assessment, your Sports Podiatrist will develop a customized treatment plan, which may include the recommendation for custom orthotics. Precise measurements of your feet will be taken, either through manual methods or advanced technology such as our 3D computerized scanner for an impression of your foot.

### What are the Potential Benefits of a Custom Orthotic?

- ✔ Improved foot function
- ✔ Reduction on pain
- ✔ Enhanced athletic performance
- ✔ Prevention of future foot related injuries

You will be given an exercise plan or equivalent depending on your treatment plan. Our Podiatrists at The Foot Movement Podiatry Carlingford and Northmead will aim to guide you with adjunct therapies necessary to help get you back to what you love sooner!

### Locations

Conveniently situated close to Constitution Hill, our Northmead, Carlingford and Concord clinics offer ample accessible parking, ensuring a hassle free experience for our valued patients. You can easily reach us at the following two locations:

**Northmead Location:**  
[Click here to book](#)

**Concord Location**  
[Click here to book](#)

**Carlingford Location**  
[Click here to book](#)

At The Foot Movement Podiatry Clinic, we believe in providing care for patients of ALL AGES. Whether you're a child, adult, or senior, our Podiatrist has the expertise and knowledge to address your specific foot and lower limb concerns. We understand the unique needs of different age groups and tailor our treatments accordingly, ensuring optimal outcomes for every patient.

### Make a Booking Today

Booking an appointment with us is quick and easy. Simply visit our online booking portal and register to make a booking by clicking **BOOK NOW** and utilize our convenient online booking system. Alternatively, you can contact us on:

**0413172014**

If you have foot pain, get assessed by a Podiatrist today! We will provide a treatment plan tailored to what you need. **Book Online Here** today and start your plan on getting back to enjoying what you love. Alternatively, call us on **0413 172 014** or **(02) 8812 3311** to book in either our Northmead, Carlingford or Concord Sports Podiatry and General Podiatry Practices.

### Book an Assessment now with one of our Podiatrists!

Northmead

Concord

Carlingford

#### Quick Links

- HOME
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- BLOGS
- CONTACT US
- JOIN OUR TEAM

#### Surrounding Suburbs

- WINSTON HILLS
- BAULKHAM HILLS
- CONSTITUTION HILL
- GLENHAVEN
- DURAL
- CASTLE HILL
- NORTH ROCKS
- TELOPIA
- NORTHMEAD
- DUNDAS VALLEY
- EPPING
- HORNSBY
- MACQUARIE PARK
- CONCORD

#### Surrounding Suburbs

- BEECROFT
- OLD TOONGABBIE
- TOONGABBIE
- EASTWOOD
- WEST PENNANT HILLS
- WENTWORTHVILLE
- WESTMEAD
- CHERRYBROOK
- NORTH RYDE
- PYMBLE
- THORNLEIGH
- WAHRONGA
- BURWOOD
- CONCORD WEST

The Foot Movement Podiatry offers quality podiatry care to the locals of Northmead and Carlingford communities.

#### Head Office

**Northmead :**  
Shop 12-16/2-6 Campbell Street,  
Northmead NSW 2152

**Carlingford:**  
160 Bettington Road, Carlingford NSW  
2118

**Concord West:**  
17 Victoria Avenue, Concord West 2138

Ph: 0413172014

