

Which In-Shape Family Fitness Membership Is Right for You?



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Excited to join a new gym? In-Shape Family Fitness is known for their flexible approach to fitness. Not only do they offer a number of membership options, but they also offer several premium amenities and studio fitness classes that can easily fit your family's needs. In-Shape Family Fitness even has locations where you can enjoy the [pickleball California](#) families can't get enough of. Which membership is right for you?



Single Club Membership

You may live in an area with a single In-Shape Family Fitness location. Or you live or work near a location that serves all your needs. Either way, a Single Club Membership gives you access to your club of choice, along with access to a number of premium amenities, including the cardio area and strength and weight training equipment. Your membership also includes unlimited studio fitness classes (like yoga, aqua, low-impact, etc.).

Exact amenities (such as pool access and court access) can vary from location to location. You can see what's available at your location of choice by visiting the In-Shape Family Fitness website and selecting your gym. However, there are some limitations to a Single Club Membership. It does not include the Preferred Package, which can open up access to the massage beds, priority reservations, and free guest passes.

Network Membership

Looking for a more flexible membership option? The Network Membership might be the right match for your family. The Network Membership includes everything offered by a Single Club Membership, plus much more! It even comes with a Preferred Package option. The Network Membership stands out because you can access *all* your area's In-Shape Family Fitness

locations. This means you can enjoy any of the clubs and [pools in Sacramento](#), from Citrus Heights to Rocklin. You can see a full list of networks on the In-Shape Family Fitness website.

Senior Membership

In-Shape Family Fitness is also home to a number of senior-specific programs. If you're a senior looking for social programs, aqua classes, or even senior pickleball tournaments, a Senior Membership is hard to beat. Plus, seniors 65 and over can receive a 20% discount on their monthly membership dues. You can get access to all the studio fitness classes you want, along with all the premium amenities. This can be a membership that gives you more—and with complete access to the [gyms Concord CA](#) and the rest of the state loves! Check out the In-Shape Family Fitness website for all the details!

Corporate Partnership

In-Shape Family Fitness offers plenty of flexible options for families and individuals. They also have options for businesses and corporations. If your company is looking to roll out new perks to the team, a Corporate Partnership can help you do just that. In-Shape Family Fitness offers options like payroll deduction, subsidies, and employee-paid fitness perks. They can work with your company to come up with fitness perks that make sense for your team.

Learn more about In-Shape Family Fitness' flexible membership options at <https://www.inshape.com/>

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